



The International Institute of Reflexology® UK

Improving Fertility & Healthy Pregnancy Workshop

Presented by
Hagar Basis

Wednesday 22nd February 2012
11.00 am until 6.00 pm

**The Kailash Centre of Oriental Medicine, 7 Newcourt Street,
St John's Wood, London NW8 7AA**

This one day workshop will explore traditional and advanced approaches in reflexology to help practitioners successfully treat conditions that can affect fertility in both men and women. Learn to identify key reflexes and techniques, to treat Sub fertility issues and boost the client's full fertility potential.

The workshop will also include how reflexology can be beneficial throughout pregnancy and dispels the old myths that surround working on pregnant women in the first trimester. Additionally we will look at the importance of how reflexology benefits the woman in her Post Natal period addressing issues such as post natal depression and mastitis.

By adapting and integrating the practical techniques of The Original Ingham Method® and Advanced Reflexology Training ART™, students will learn powerful and effective skills to enhance their reflexology practice in this specialised area. Practitioners also get a chance to keep up-to-date, share ideas, network and fulfil CPD requirements in a fun and learning environment. All qualified Reflexologists are welcome to attend this master class.

On successful completion of this workshop you will be awarded an IIR CPD Certificate.

Cost: £75 for IIR/PRM members, £80 non- members

(Please note course fees are non refundable)

Please make cheques payable to 'IIR London' and return with this slip to:

IIR London, 33 Coniston Road, Kings Langley, Hertfordshire, WD4 8DF

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